

## Competent Kids, Caring Communities and the Devereux Student Strengths Assessment (DESSA)

Competent Kids, Caring Communities is a multi-level, evidence based intervention that helps schools build a strong social and emotional support system for student learning. Competent Kids, Caring Communities provides schools tools to teach social emotional competencies and strategies to involve parents directly in their children’s learning. This alignment tool shows how the DESSA can help to both assess and measure outcomes of the Competent Kids, Caring Communities approach.

**DESSA Scale Key:**

- PR-Personal Responsibility
- OT-Optimistic Thinking
- GB-Goal-Directed Behavior
- SO-Social Awareness
- DM-Decision Making
- RS-Relationship Skills
- SA-Self-Awareness
- SM-Self-Management

		PR	OT	GB	SO	DM	RS	SA	SM
<b>KINDERGARTEN</b>	1 – 2 – 3, Eyes on Me!								✓
	Words can break a heart.						✓		
	Stop!								✓
	ABCD			✓		✓			
	Power of Breathing								✓
	Snail Time							✓	✓
	Caught You Being Kind	✓					✓		
	My Kindness Promise	✓					✓		
	Sir Snake’s Get Along Plan				✓	✓			
	We Are Unique		✓		✓				
	Purple Cow		✓						
A Cozy Place								✓	
<b>GRADE 1</b>	1, 2, 3. Please look at me!								✓
	All our feelings are okay				✓		✓		
	Stop and think								✓
	ABCD Problem-Solving Plan			✓		✓			
	Deep Breathing								✓
	Self-Talk							✓	✓
	Sticks and stones can break my bones, but							✓	

	words can break my heart								
	L-I-S-T-E-N	✓							✓
	Teamwork				✓				
	We are unique		✓		✓				
	People Magnet		✓		✓		✓		
	Look, Listen, Ask, and Tell						✓		
<b>GRADE 2</b>	Visualization								✓
	Walk, Talk, and Squawk				✓				
	ABCDE Problem-Solving Plan			✓		✓			
	We are unique		✓		✓				
	Look before you leap					✓			✓
	Attention Path			✓					✓
	We can learn from our mistakes					✓		✓	
	Give Me Five			✓					✓
	Kindness is Contagious	✓						✓	
	Cool talk								✓
	Look, Listen, Ask and Tell							✓	
Open the door to friendship		✓		✓		✓			
<b>GRADE 3</b>	Attention Path			✓					✓
	ABCDE Problem-Solving Plan			✓		✓			
	You-nique		✓		✓				
	Sir Snake's Get-Along Plan				✓	✓			
	Can-do Feelings		✓					✓	
	T-I-O Times 3				✓		✓	✓	
	Walk, Talk, and Squawk				✓				
	Be the boss of your anger								✓
	S-T-R-E-S-S								✓
	Dancing Finger	✓							
	Stuck at the same "dead end"			✓		✓			
<b>GRADE 4</b>	Goal Setting		✓	✓					
	Pay Attention to Attention			✓					✓
	Help Me Blossom				✓		✓		
	ABCDE			✓		✓			
	S.T.A.R. Power	✓		✓	✓			✓	
	Toucan				✓	✓			
	Think, Feel, Behave								✓
	Zapper				✓				
	Kindness Counts	✓						✓	
	Bullying & Teasing				✓				

	Rewinds				✓	✓		✓	
	Recognizing Anger								✓
	Stress & Relax								✓
	Decisions & Consequences				✓	✓			
	My Feelings are Okay						✓	✓	
	Trouble Result Cycles & Good Result Cycles					✓		✓	
<b>GRADE 5</b>	Goal Setting		✓	✓					
	Pay Attention to Attention			✓					✓
	Shame-Blame Game				✓		✓		
	ABCDE			✓		✓			
	S.T.A.R. Power	✓		✓				✓	
	Can'tasaurus		✓					✓	
	Think, Feel, Behave								✓
	Zapper							✓	
	Kindness Counts	✓					✓		
	Bullying & Teasing (what can I do?)				✓			✓	
	Rewinds				✓	✓		✓	
	Recognizing Anger								✓
	Stress & Relax								✓
	Decisions & Consequences					✓		✓	
C.A.R.E.	✓	✓				✓			
Vicious Cycles					✓		✓		